

# How sustainable are you? - What you do

## 1. Default Section

1. Please fill in the following details about where you live.

City/Town:

State:

Country:

\* 2. Gender?

Male

Female

\* 3. What age range are you in?

<10

11-15

16-18

18-29

30-39

40-49

50-59

60-69

70-79

80-89

>89

\* 4. Which of the following objects appears first in the Sustainable Living Practices guide?

Petrol iron

Butter pat

Fly trap

Chamber pot

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## 2. What do you do about sustainable living practices?

This part of the survey finds out the things you do about sustainable living.

"Sustainable development is development that meets the needs of the present without compromising the ability of future generations to meet their own needs."

(WCED, 1987, Brundtland Report)

There are three primary objectives in sustainable home living:

- Lifestyle and health improvement
- Cost effectiveness
- Environmental friendliness

The first section finds out what you do about sustainable energy use.

\* 1. Do you use any sources of sustainable energy in your home?

Yes

No

\* 2. Which of the following energy sources would you use if you wished to use sustainable energy sources in your home?

Wind

Hydro

Coal

Oil

Nuclear

Solar

Bio-fuels

\* 3. Which of the following types of bulbs for lighting do you use in the home?

Incandescent bulbs

LED bulbs

Fluorescent bulbs

Halogen bulbs

\* 4. Which of the following practices would help reduce energy use for lighting in the home?

Switching off lights each time leaving a room

Daylight saving

Use natural lighting

Organise activities for daylight hours

Other (please specify)

## How sustainable are you? - What you do

\* 5. Which of the following types of stoves do you use in your home?

- Gas stove
- Electric hotplate and oven
- Solar cooker
- Wood stove
- Microwave

\* 6. Which of the following practices do you use for cooking in the home?

- Cooking in bulk and freezing
- Heating frozen meals
- Using microwave instead of stove
- Eating low preparation meals

Other (please specify)

\* 7. Which of the following practices do you use when using appliances in the home?

- Turn off rather than use stand by mode
- Repair rather than replace
- Consider energy star ratings when purchasing
- Use special appliances for every task
- Turn off appliances not in use

Other (please specify)

8. Which of the following practices have been used to help keep your home cool?

- Considered sun and breezes in house design
- Growing plants around the home
- The home is insulated
- Open windows and doors on both sides of the house

\* 9. Which of the following cooling devices are used in your home?

- Air conditioner
- Evaporative (water) air conditioner
- Fans
- Natural air flow

# How sustainable are you? - What you do

## 3. Water

This section finds out what you know about sustainable water use.

\* 1. Which of the following practices do you use to help reduce water use in the home?

- Consider water star ratings when purchasing appliances
- Bathing rather than showering
- Using grey water on the garden
- Using tank water on the garden
- Using hand washing rather than a dish washer

\* 2. Which of the following practices do you use to help reduce water use when doing the washing?

- Using a front loading washing machine
- Doing washing by hand
- Reusing grey water on the garden
- Adjusting water level for the load
- Reducing daily changes of clothes
- Using shorter cycles on the washing machine

Comment

\* 3. Which of the following practices do you use to help reduce personal use of water around the home?

- Limiting shower time
- Turning off tap while brushing teeth
- Using half flush toilet where possible
- Making use of cold water before hot water flows

\* 4. Which of the following practices do you use if cleaning concrete paths around the home?

- Broom only
- Hosing
- High pressure cleaning
- Bucket and brush

## How sustainable are you? - What you do

\* 5. Which of the following collection and storage devices for water do you use?

- A water bore
- Grey water hose
- Redirecting down pipes onto garden
- Shower bucket
- Water tanks

# How sustainable are you? - What you do

## 4. Materials

This section finds out what you do about sustainable use of materials.

\* 1. Which of the following practices do you use to help reduce materials use in the home?

- Considering the environment when purchasing
- Sorting rubbish into the recycling bin
- Making do with what you already have
- Repair rather than replace

Other (please specify)

\* 2. Which of the following practices would you use to repurpose materials?

- Use a wire coat hanger as a car radio aerial
- Using a biscuit tin to hold favourite jewelery
- Using the dish washer to clean car parts
- Shredding paper to use as mulch on the garden

\* 3. Which of the following practices do you use to reuse materials?

- Using a refillable gas bottle for the barbeque
- Using plastic knives and forks
- Using washable crockery
- Using a plastic shopping bag as a rubbish bin liner

\* 4. Which of the following practices do you use to reduce the use of materials?

- Using "green" shopping bags
- Buying in bulk
- Printing emails
- Putting advertising materials into the recycling bin

\* 5. Which of the following practices do you use to recycle materials?

- Putting old newspapers into the yellow recycling bin
- Selling unwanted items on ebay
- Cleaning out unwanted items to the dump
- Buying an old bike from the dump shop
- Putting old clothes into the charity bin

Other (please specify)

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## 5. Environmental Impact

This section finds out what you do that affects the environment.

\* 1. Which of the following organisations have you contacted about protecting the environment?

- Queensland Mining Council
- Environmental Protection Agency
- Australia Zoo
- Queensland Museum

\* 2. Which of the following things have you done to improve biodiversity around your home?

- None, I don't do anything for biodiversity
- Set up a bird bath
- Left logs lying around the garden
- Removed green waste to the dump
- Planted native shrubs

Other (please specify)

\* 3. Which of the following practices do you use to reduce impacts on the environment?

- Place food packaging in the rubbish bin
- Choose biodegradable products
- Use natural cleaning products
- Pour unused chemicals down the sink
- Dispose of old batteries in the rubbish bin